



Dear Carnival Guest:

We know there has been considerable news coverage about the H1N1 influenza virus (known as swine flu), and want to make you aware of some important information.

Carnival has aggressive sanitizing protocols in place to help prevent the introduction and/or spread of the H1N1 virus on board its ships. Additionally, we have implemented effective screening programs to identify suspect cases from boarding, and to isolate and treat any suspect case that may occur, thus minimizing risk to others. Anti-viral medications that effectively treat H1N1 influenza are currently available on board all CCL vessels. This dual-focus approach is designed to protect our guests, crew, visitors and ports-of-call.

Accordingly, guests, visitors and crew will be required to complete and sign a written questionnaire prior to boarding. This questionnaire is designed to screen for suspect H1N1 virus symptoms or to identify those who have been in close contact with a confirmed virus case.

We do not anticipate that this type of illness will impact any of our guests, visitors or crew. In the meantime, we encourage everyone to practice healthy habits to help stop the spread of germs.

- Wash your hands often with soap and water. This removes germs from your skin and helps prevent diseases from spreading.
- Use waterless alcohol-based hand gels (containing at least 60% alcohol) when soap is not available and hands are not visibly dirty.
- Purell hand sanitizing stations are placed at all our self service meal stations and gangways. We encourage you to use them when on board in conjunction with good hand washing practices.
- Avoid touching your eyes, nose and mouth. When sneezing or coughing, cover your mouth and nose and sneeze/cough in to your shoulder or elbow area. Promptly discard any tissue and wash your hands.
- Minimize or avoid close contact with people who have flu symptoms.

Should you have any questions or concerns now, please contact an embarkation supervisor. Lastly and most importantly, if you or any members of your party experienced H1N1 virus symptoms once on board, please contact our Medical Center immediately.

Because you may still have additional questions on the H1N1 virus, we have prepared the attached FAQ fact sheet, derived from the CDC.gov web site. Please take a few minutes to familiarize yourself with the information.

Rest assured, we are committed to doing everything possible to safeguard the health of our guests, crew and partners. We are looking forward to welcoming you on board our beautiful ship. Our officers, staff and crew are dedicated to providing you with a fun and memorable cruise experience.

Sincerely,

In accordance with our health and safety practices, we encourage you to read the following information about H1N1 influenza virus and gastroenteritis.

H1N1 Influenza Virus

Is the H1N1 influenza virus contagious?

CDC has determined that this virus is contagious and is spreading from human to human. However, at this time, it not known how easily the virus spreads between people.

What are the signs and symptoms of H1N1 influenza virus in people?

The symptoms of H1N1 flu in people are similar to the symptoms of regular human flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with H1N1 influenza virus. In the past, severe illness (pneumonia and respiratory failure) and deaths have been reported with swine flu infection in people. Like seasonal flu, swine flu may cause a worsening of underlying chronic medical conditions.

How serious is H1N1 influenza virus infection?

Like seasonal flu, H1N1 influenza virus in humans can vary in severity from mild to severe. Between 2005 until January 2009, 12 human cases were detected in the U.S. with no deaths occurring. However, H1N1 influenza virus can be serious.

How do you catch H1N1 influenza virus?

Spread of H1N1 influenza virus can occur in two ways:

- Through contact with infected pigs or environments contaminated with H1N1 influenza viruses.
- Through contact with a person with H1N1 influenza virus, human-to-human spread of H1N1 influenza virus has been documented also and is thought to occur in the same way as seasonal flu. Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.

Can I get H1N1 influenza virus from eating or preparing pork?

No. H1N1 influenza virus viruses are not spread by food. You cannot get H1N1 influenza virus from eating pork or pork products. Eating properly handled and cooked pork products is safe.